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Low Calorie Vodka Cocktail Recipes Proof

As we've said before, a single shot of vodka will only clock in at 97 calories. Diet soda, on the other hand, has no calories whatsoever. This leads adding a can of diet soda to a shot of vodka to be one of the best low calorie vodka cocktail recipes you can use at least, in terms of caloric content.

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Combine vodka with low-calorie mixers. Diet Coke and other diet sodas are popular mixers that add zero calories to vodka. Other common options are plain water, soda water, light cranberry juice, diet iced tea, diet lemonade, and lime juice.

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low calorie vodka cocktails supercall

There are all of zero calories in soda water, so the only caloric content in this drink comes from the vodka. Don t just make this easy Highball with any vodka, though. Don t just make this easy Highball with any vodka, though.

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Best 25 Low calorie vodka drinks ideas on Pinterest Low

15 Low-Calorie Cocktails That Will Still Get You Turnt - as a vodka/cocktail lover this is very important. Find this Pin and more on by Anasstassia Zakharova.

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Calories in Vodka Low Calorie Vodka Drinks

Recipe for Low-Calorie Vodka Cranberry. High-Calorie Vodka Cocktail: Vodka Cranberry (170 Calories) Low-Calorie Vodka Alternative: Low-Calorie Vodka Cranberry (100 Calories) Saving you a total of 70 calories per drink. Ingredients: 4 ounces of Elations Cranberry Apple; 1 1/2 ounces vodka 1 slice of lime; Directions: Shake ingredients together vigorously. Pour over ice into a rocks glass. Garnish cocktail with a slice of lime.

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15 Low Calorie Cocktails That Are Better Than Vodka Soda

Not willing to go cold turkey on cocktails, even though you re trying to cut back on calories? We re not going to lie, alcohol can pack a hefty caloric punch just one shot of vodka has a whopping 96 calories, according to the USDA National Nutrient Database.

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10 Best Flavored Vodka Low Calorie Drinks Recipes

The Best Flavored Vodka Low Calorie Drinks Recipes on Yummly | Low Calorie Classic Vodka Martini, Shamrock Sipper Low Calorie Cocktail For St Patrick s Day, Low-carb Sex In The Driveway Cocktail

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Drinks on Us Easy Low Calorie Cocktail Recipes Fitness

Low-calorie recipes are often celebrated for what they manage to cut out, but here's a beverage that throws a few added benefits your way. Neo's mixologists pair basil, an unpredictable herbal twist, with grapefruit, which delivers a dose of vitamins and antioxidants. Now that's something to toast to.

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